## **CAMP RULES:** Parents, <u>please review</u> with your student(s)

<u>Gender Areas:</u> Boys are not allowed inside the girls' sleeping area (bathrooms/cabins/locker rooms, etc.) and girls are not allowed inside the boys' sleeping area (bathrooms/cabins/locker rooms, etc.) or on their floor. These rules are in force at all times. You may wait for your friends, be they of the opposite sex, outside or in the public/common spaces.

**Dorm Care:** After breakfast, you are not to be up in your rooms without permission from your Small Group Mentor (SGM) and for a specific purpose. Mentors do not sleep in the same room as the students and do not go in the rooms unless there is an important reason (such to check the cleanliness of the room). Please use the restrooms that are assigned to your room for showers and the restrooms in the common areas during the day. Your SGM must be aware that you are going upstairs to retrieve something. Youth are not allowed to "hang out" in the dorms. If you are ill or injured, and your SGM sends you to your room to recuperate, that is the only time you are allowed in the room before bedtime.

Please keep your rooms tidy. Your towels should be hung up to dry and your shoes tucked under your bed. Keep your luggage closed and as close to your sleeping area as possible or inside a closet/wardrobe if accessible.

Please take your towels and your personal products (shampoo, toothbrushes, etc.) out of the bathroom when you are done getting ready. None of the Europe camp facilities have housekeepers. It is everyone's jobs to keep the dorms, and the entire facility, clean and safe.

**Fire Escape:** The fire exits are clearly marked for each floor and your SGM will run through a fire and emergency drill with you on the first day. Please note that there are security cameras in the fire exits. These exits are for emergencies only. If there is ever an emergency that necessitates the building to be evacuated, everyone must proceed to the designated meeting spot outside.

"No Touchy": There will be no physical contact between campers. This includes "horseplay", holding hands, etc. Even if you are allowed to date at home, you are not at home, and romantic pursuits are inappropriate for a Christian Camp environment. It should go without saying that the "No Touchy" rule applies between campers/mentors and mentor/mentor as well (no headlocks, etc., as innocent as it may seem.)

Respect Adults, Respect Each Other: Please be respectful to your Small Group Mentors (SGM's) and all the camp workers in the way you speak and act. Most of them have taken personal vacation time and the majority have paid their own way to Europe to make these camps possible. Your SGM is responsible for your safety and well-being at all times. You must report to him/her whenever you are asked. When we are at an activity outside the camp facility, please make sure your SGM knows where you are at the facility we're visiting. Respect each other by refraining from using derogatory

language and put-downs such as "stupid", "loser", or using the Lord's name in vain. We are striving to maintain a positive Christian atmosphere.

**Swearing:** It should go without saying that foul language is unacceptable.

**Participation:** In most cases, we will not offer the option of "hanging out" while the rest of the group goes to a planned activity. We do our best to arrange a large variety of activities for all interests, and in many instances you'll be able to choose between sports, games, drama, arts and crafts, etc. However, when we're going somewhere or doing something as a group, we must all go together. If you prefer not to, or cannot for some reason, participate in an activity, please tell your SGM, so we can make other arrangements for you if possible.

**Leaving the Camp:** From the time you board the bus or enter the facility campus until we officially end the camp, you are our responsibility. No camper is allowed to leave the campus or leave the premises of any of the "outings".

<u>Cell-Phones, I-Pads, Laptops, Misc. Electronics:</u> We advised the parents not to send electronics with their teens, except to be used on the bus. Due to the constant distraction, cell phones are prohibited at the camp (although allowed during bus transportation). If the student *needs* to speak to a parent, he/she may use the phone of a mentor. If a parent needs to speak to a teen, the parent may call one of the contact numbers sent before camp and we will ensure that the parent and child speak. Electronics must be turned in to the office when the student arrives. The item will be bagged, tagged with the camper's name, and locked up until the end of camp.

Medication/Special Needs:

If you have asthma or another ailment where you need medication with you, please bring a note from your parents (there is a place to annotate it on the Registration form). Asthmatics should keep his/her inhaler on their person at all times. Because inhalers are normally prescribed, the First Aid we have does not have an inhaler. Parents, please reinforce this with your asthmatic teen! We suggest bringing 2 inhalers, if you have 2, allowing the teen's SGM to keep one with him/her and the teen keeping hold of the other one. We don't want to take chances with someone's life! If you take another medication: parents if you want your child to keep that medication with them and be responsible themselves for taking it, please annotate that on the Registration form or email camp admin at <a href="mailto:lacobsGen@gmail.com">JacobsGen@gmail.com</a>. Otherwise, all medication will be turned into the office. <a href="mailto:lf you have a severe allergy">lf you must let us know</a> so we can avoid anything that would trigger an allergy attack. We will do our utmost to help guard against harmful contacts, but please brief your child on what to be aware of for those with allergies and special medical needs.

<u>WATER:</u> Dehydration is always a concern at camp because we are very active. The teens are required to drink enough water to keep them hydrated at all times. Failing to drink enough water is very dangerous. If the teen refuses to drink water (we provide

clean, purified drinking water) the parents may be called and the teen may be taken out of an activity.

<u>LIGHTS OUT/WAKE UP CALL:</u> Your SGM will let you know what time we're scheduled to turn out the lights at night or get up. <u>IMPORTANT NOTE:</u> During the time after "Lights Out" and before "Wake Up Call", you are to remain in your assigned sleeping area. Except to use the restroom, you may not be in the halls or outside of your assigned room after Lights Out or before Wake Up. After Wake Up time, you will have approximately an hour and a half to get showered, dressed, tidy up your area and eat breakfast. After the allotted time, if you haven't eaten, you won't be able to leave the scheduled activity to go eat. MAKE SURE YOU'RE ON TIME!

**Showers:** Half of the campers will be assigned to shower before bed, and others in the morning. Please keep your shower time to 5 minutes or less. We have a limited number of showers and limited hot water supply and this is the best way to manage time and resources. Your SGM will tell you when your scheduled shower time is.

<u>Personal Property:</u> The teenagers are responsible for whatever items they bring to camp. We can lock some small items up in the office. However, we stress that the teen must keep track and secure his/her personal belongings. If you bring snacks (junk food) to camp, bring enough to share with the others in your small group, and be prepared to do that (unless you have a special diet that the parent has made the camp staff aware of). NO FOOD ALLOWED IN ROOMS AT ANY TIME!

<u>ABSOLUTELY NO TOBACCO, ALCOHOL or DRUGS:</u> If you have any form of tobacco, alcohol or drugs on your person or have contact with them during the camp, your parents will be called and you will be expelled from the camp without a refund of camp fees.

**Appropriate Clothing:** Our "dress code" (for lack of a better term) is that the youth wear appropriate clothing at all times. Our definition of "appropriate" is such: No "belly shirts" showing the midriff, no low-cut shirts, no "spaghetti straps" (this is defined by straps that are the same width or smaller than the bra strap), no shorts shorter than mid-thigh, and no clothing with controversial writing or symbols. Please do not pack skirts or dresses as our camp, even in chapel services, the environment is casual.

<u>Why The Rules Are Important:</u> These rules are not meant to *keep* the youth from having a good time, but to *ensure* that they and the other campers are having a good time in a safe, healthy environment, free from conflict and controversy. <u>Willfully breaking</u> the rules can result in your parent having to come retrieve you from camp, and there would be no refund for those who are "expelled" from camp.